

# MY DAUGHTER WAS CURED

By Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"I send you here with the picture of my fifteen year old daughter Alice, who was restored to health by Lydia E. Pinkham's Vegetable Compound. She was pale, with dark circles under her eyes, weak and irritable. Two different doctors treated her and called it Green Sickness, but she grew worse all the time. Lydia E. Pinkham's Vegetable Compound was recommended, and after taking three bottles she has regained her health, thanks to your medicine. I can recommend it for all female troubles."—Mrs. L. A. COCHRAN, 1103 Rutland Street, Baltimore, Md.



Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

**Young Girls, Heed This Advice.** Girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take immediate action and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

Write to Mrs. Pinkham, Lynn, Mass., for advice, free.

## Cleanliness is Next to Godliness.

BY T. A. FRAZIER,  
Health Officer.

The germs of some of the most common as well as some of the most loathsome diseases are frequently found in the mouth. In such cases anything which is moistened by the saliva of the infected person may, if it touches the lips of another, convey disease. The more direct contact the greater the danger. It is the purpose of health officials to keep in isolation all persons having communicable diseases during the time that they are contagious or infectious; but in many cases this is impossible. Little restraint is put on the milder forms of these contagious diseases and even sometimes they are unrecognized until the whole community is exposed; in such cases the chief vehicles of contagion are the secretions from the mouth and nose. We know we can do much to prevent contagion by enforcing habits of cleanliness; but if such measures are to be effective we must keep everlastingly at it. The parents and teachers must notice and correct violations of these rules as habitually as if the child's life depended on their enforcement, and many times life depends upon the enforcement of very simple rules. Tuberculosis is an infectious disease; it is the most widespread of all diseases, it is the cause of one death out of every five, it is invariably transmitted from one person to another, not directly as measles or scarlet fever; but germs are expectorated on the floor or ground or other places where the sputum dries, get the germs into the air and we breathe them into our lungs, and thereby contract the disease with all its horrible consequences, or children may contract this disease by exchanging gum, eating off the same apple, the same pie or cake, coughing or sneezing in another's face or in many other ways. Even if the question of disease did not enter the subject of cleanliness ought to be given more attention by the average parent or teacher. Our children should not only be taught reading, writing or Arithmetic and Grammar; but is quite as important that they should be taught cleanliness, decency and refinement. Cleanliness should be taught for its own sake even if it had no relation whatever to health.

Teach the child not to spit on the floor or pavement.  
Not to put the finger in the

mouth.

Not to pick the nose.  
Not to wet the fingers with saliva when turning the leaves of a book.

Not to put pencils in the mouth or moisten them with the lips.

Not to make a pin cushion of the mouth.

Not to use it for a purse.

Not to put anything in the mouth but food and drink.

Not to swap apple cores, candy, chewing gum, half-eaten food, whistles, bean blowers or anything that is habitually put in the mouth.

Teach the children to wash the hands and face often. See that they keep clean. If a child has a communicable disease there is less chance of infecting others if the hands and face are washed clean, than if they are daubed with the secretions of the nose and mouth.

Teach the children to turn the face aside when coughing or sneezing, if they are in the presence of others.

Children should be taught that bodies are their own private possessions, that personal cleanliness is a duty, that the mouth is for eating, drinking, and speaking and should not be used as a pocket, and the lips should not take the place of the fingers.

Use the individual drinking cup, especially in school or at public gatherings. In every public gathering will be found people suffering of some communicable disease. If you eat and drink after other people you are liable to become infected with some disease that will accompany you to your grave, and hasten your entrance into the realm of the unknown.

## A Pain Remedy

Both internal and external is needed daily by almost every family. Keep a bottle of Dr. Bell's Anti-Pain. Good for all kinds of bowel troubles. Externally for cuts, burns, sprains and all pains. Strongly antiseptic. Sold everywhere.

## TRADEWATER

Plenty of rain Wednesday. The storm did big damage to the corn in this section.

C. C. Woodall, of Repton, was in our neighborhood Monday.

Those on the sick list, are Mrs. F. W. Moore, Herbert Lamb, little daughter and Bert Little.

Marshall McConnell was in Blackford Saturday.

J. C. Moore was in Marion Saturday.

F. W. Moore and W. J. Little made a flying trip to Blackford Saturday.

Duffy Brantley went to Evansville last week to consult an eye specialist.

W. J. Little went to Hopkinsville Tuesday on business.

Bob Moore, of Repton, was in our neighborhood Thursday.

Ernest Williams, of Repton, was the guest of F. W. Moore and family Sunday evening.

There will be a Farmers' Union picnic at Seminary Springs Aug. 3.

Those that attended church at Oak Grove Sunday were: Verge Drennon, Bert and Oscar Little and G. D. Brantley and family.

Bob Moore and son, Lonnie, of Repton, were in our neighborhood Monday.

No wheat threshed in this section yet.

Sunday School at Cave Spring every Sunday at 2:30.

Subscribe for the Record-Press and read the news.

## MOSQUITOES BAD THIS YEAR

But don't scratch the poisoned skin. Use a mild, cooling, healing compound that stops the itch instantly, draws out the poison in the skin and protects it against further trouble.

Just a mild cleansing wash of oil of wintergreen, thymol and a few other ingredients known as the D. D. D. Prescription (so famous in cases of Eczema) and you have mosquito protection for the season.

Yes, instant relief—now only 25c.  
J. H. ORME, Marion, Ky.  
Jy 20-27

## Free Remedy For Weak Bowels

There are two forms of bodily cleanliness, the external and the internal. The one is for your pride in yourself; the other for your life and health. Both are important, but of vastly more importance in the long run is the internal cleanliness.

This is one point that all should watch about their body—the cleanliness of the bowels. Keep them clean and free from obstructions. To do this you must have one or two movements of the bowels each twenty-four hours. If your system does not do this naturally, in the process of eating and drinking, then you must obtain aid of some kind. After finding out that cathartics, salts and such things relieve you for a day, but bind you up worse than you were before, then try a simpler and more natural remedy like Dr. Caldwell's Syrup Pepsin.

For the skeptical the best way to begin is to send your name and address to Dr. Caldwell for a free sample bottle. Use it as directed and if it convinces you that a brief continuance of its use will relieve you permanently—that it will train the stomach and bowel muscles to again work naturally at certain hours—then buy it of your druggist at fifty cents and one dollar a bottle, just as so many others are doing. They began with a sample bottle, then bought a fifty cent bottle, and now, fully convinced of its merits, they buy the one dollar family size. All the members of the family can use it down to the very youngest.

A brief use of this grand laxative tonic will cure constipation in its worst form, indigestion, liver trouble, sick headache, sour stomach, such ailments and keep you in continuous good health at a very small cost. Such is the experience of many families like that of Mrs. Oscar Flesner, Unionville, Ind.; Dr. Daniel, Saron, Tex.; and hundreds of others that could be named.

Dr. Caldwell personally will be pleased to give you any name and address to desire for yourself or family pertaining to the stomach, liver or bowels absolutely free of charge. Explain your case in a letter and he will reply to you in detail. For the free sample simply send your name and address on a postal card or otherwise. For either request the doctor's address is Dr. W. B. Caldwell, R. 600 Caldwell building, Monticello, Ill.

## NEW SALEM.

A fine rain Sunday which was much needed and for which we feel very thankful.

The dust is settled.

We have the promise for a few roastingears.

Everyone was about to give up.

Wheat threshing is over. More wheat threshed in this section than any year in the last ten years.

Judge Mahan and wife were the guests of relatives near Levas Saturday and Sunday.

Miss Florence Wolford left on the 13th, for a two months' visit to her parents at Dawson, Minn.

Mrs. Florence Harpending and children returned to their home at Salem Friday after a week's visit at the home of her father-in-law.

There was a drop of 40 degrees in our section in 36 hours.

Uncle Sam Wolford killed in his yard one day last week, 56 snakes. Now, the man that even hints that this is not the truth, and the whole truth, had better not let uncle Sam get a hint of it. We had rather face Grant's army, than to even think or doubt it. There is one thing certain, that outside of the preachers, there will not be a prohibition vote cast in fifty years in two miles of Sam Wolford's residence.

Our friend, Wm. Hudson, of Salem, was in our section last week on business.

## Life Saver

In a letter from Branchland, W. Va., Mrs. Elizabeth Chapman says: "I suffered from womanly troubles nearly five years. All the doctors in the county did me no good. I took Cardui, and now I am entirely well. I feel like a new woman. Cardui saved my life! All who suffer from womanly trouble should give Cardui a trial."

## Take CARDUI

### The Woman's Tonic

50 years of proof have convinced those who tested it, that Cardui quickly relieves aches and pains due to womanly weakness, and helps nature to build up weak women to health and strength. Thousands of women have found Cardui to be a real life saver. Why not test it for your case? Take Cardui today!

## GIVE WOMAN THE RIGHT OF SUFFRAGE

An Able Speech Delivered by Miss Henry Easley In a Recent Contest.

That women should have the right of suffrage, is a question that should be more widely thought of and talked about in our country today. Are people going back to the time when women were not recognized as on the equal with men, no! Women should be considered on the equal plain with men in political, educational and social affairs.

Compare the men and women of today, mentally and morally, and see if you don't find that the greatest work performed is by women. Some of our finest books were written by women, some of the greatest rulers, physicians, ministers, lawyers, teachers are women. They have been capable of filling the place of man, so why should they not be given the right of suffrage. It is not true that woman isn't as well educated as man for they are able to fill any place held by man. Woman has an equal right in everything except suffrage and why not give her that?

One would say a woman's place is at home but how long would it take a woman to go to the polls, cast her vote and return to the bosom of her family. Mrs. Adams holds that the right of suffrage is necessary in order for the house wife to perform her duties correctly. Our opponent may say that a woman should stay at home in her place. But it certainly is her duty to see that her country grows wiser and better and if she is interested in her country, as most every woman is, why not give her the right for which she is fighting.

If women want the right of suffrage what right has man to object? It only shows the spirit of determination to make the country better on the woman's part. Men say that women are trying to take their places, but this is a false statement, she only wants rights equal to him, and this untrue statement is depriving woman of the right justly due her.

We ask this question, why should women not have the right to vote? Are they not on an equal with man, do they not have to obey the laws same as man? Then why should they not help make them? But our opponent may say that mother's place is at home, taking care of her children. But let me ask this question, how is a mother to train her children in political life when she knows nothing of it and will not as long as she is denied the right of suffrage.

Another question concerning this subject, is, if women vote they should pay taxes, sure if women were given the right to vote she would not mind to pay taxes and what is a few taxes to pay when you have the liberty to cast your vote for whom you desire to run your country's affairs. All widows that own property are compelled to pay taxes, and the majority of women are widows, (and a great many that are not might as well be.) They could find it easy enough to pay their taxes. When the women are deprived of the right to vote it is on the same principle as Taxation without Representation. Our civil government tells us that a man cannot have any interest in his country and is not a good citizen when he does not vote. Don't the women of today want and need to be good citizens?

Women can do effective work in hospital work, in homes for the poor and sick, in charitable work and all those concessionary and palliative measures in which they find their sympathies much more readily enlisted

than in the brute-force of legislation, in all these things women have rendered in valuable service to their country in more extended ways.

In countries where women vote there are some great results accomplished. There are the homes and streets which are greatly neglected and suffer if bad laws are passed. When if the women had the right to vote they could take care of these things which interests them so much. In Australia and New Zealand where the women have voted for about nine years the people now see what good they have done for their country; and outside of the corrupt self-seeking, vile and venal, the man cannot be found in Colorado who would do away with woman suffrage, or to go back to the conditions that preceded its concession. This fight while largely a matter of general revolt, has found much of its strength in the voting of women and is winning many of its victories today because of her aid.

The women vote for measures and not the man, while the men very often sell their vote, which show they have no respect for themselves and their family and no interest in their country.

It is very easy to see why the men object to woman suffrage, they know if women had the ballot the saloons, gambling rooms and many other places useless to mention which are pleasure seeking places for men, would be put out of existence if women were granted this right. But some may argue that the voting of woman would only be a waste of time, for they would vote as their husband or father do, but we say this isn't true in every case; for instance, do you believe if a woman's husband or father were to vote saloons, she would ask their consent and do likewise? No, almost every woman no matter what her mind and manners, is bitterly opposed

to the liquor traffic, she hates the saloons and fears its menace to her home and men folk.

A man's only excuse for not wanting a woman to vote is, it isn't a woman's place to have anything to do with laws and election of officers, for her place is within the walls of her home tending to her home duties. If men were as willing and ready to say, "It isn't a woman's place to take in washing and hire out in order that they may pay the grocery bills and support the family," my, how nice things would be at home and how well he will perform the duty that he swears before man and God he will do. Our opponents may say that a woman would be compelled to lose all the modesty and refinement she possessed because of having to mix and mingle with different classes of people at the polling place. But anyone knows that a woman isn't compelled to mix and mingle with different classes of people at the polling place any more than she would at any other public gathering. But even if she does it won't hurt her. If she ever had any modesty or refinement before, what little time she is at the polls will not compel her to lose it, and in place of the woman's presence at the polls being a downfall to her and the people it will cause the men to be more civil and because of her presence at the polls cause them to keep down rudeness. But some say women would always be quarrelling over politics. It has been found in countries where women vote that there is no more quarrelling over politics by husbands and wives, brothers and sisters than there is over baseball, ball games and the latest fashions. If women had the right of suffrage she would do away with some of the laws that now exist, which men do not raise a hand in protest.

If you can trust a deaf and dumb, a drunkard and illiterate white man or negro who can't even write their names can you not trust your mothers, sisters and wives with the right for which they are fighting and should have. So for the good of the country and masculine race give the woman the right of suffrage.

**DR. BELL'S ANTI-PAIN**  
For Internal and External Pains.

**Send Your Boy To Matheney and Batts Vanderbilt Training School for Boys, Elkton, Ky.**

**A limited, select school for boys. Faculty of college-trained men. Our patronage has come from several Southern states.**

**Electric lights, Steam heat, Hot and cold baths.**

**Extremely healthful location \$4000.00 spent on improvements last year. NO SALOON IN TOWN OR COUNTY. Moral surroundings excellent. UNEXCELLED AS A SCHOOL FOR YOUNG BOYS.**

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